No. 24-539

IN THE Supreme Court of the United States

KALEY CHILES, Petitioner,

v.

PATTY SALAZAR, in her official capacity as Executive Director of the Department of Regulatory Agencies,

et al., *Respondents*.

On Petition for Writ of Certiorari to the United States Court of Appeals for the Tenth Circuit

BRIEF OF AMICUS CURIAE FOUNDATION FOR MORAL LAW IN SUPPORT OF PETITIONER

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INTEREST OF AMICUS CURIAE¹

Amicus curiae Foundation for Moral Law ("the Foundation") is a 501(c)(3) non-profit, national public interest organization based in Alabama, dedicated to defending religious liberty, God's moral foundation upon which this country was founded, and the strict interpretation of the Constitution as intended by its Framers who sought to enshrine both. To those ends, the Foundation directly assists or files *amicus* briefs in cases concerning religious freedom, the sanctity of life, and other issues that implicate the God-given freedoms enshrined in our Bill of Rights.

The Foundation has an interest in this case because the Foundation believes that sex is determined at conception, cannot be changed by social or medical intervention, and that it is unconstitutional for States to censor talk therapy that seeks to help individuals reconcile their biological sex with their self-perception.

SUMMARY OF THE ARGUMENT

Over the past decade, transgenderism and gender identity ideology—the belief that the biological sex binary is false and that gender is fluid

¹ Counsel of record for all parties received notice at least ten days prior to the due date of amicus curiae's intention to file this brief. Pursuant to Rule 37.6, *amicus curiae* certifies that no party or party's counsel authored this brief in whole or in part, or contributed money that was intended to fund its preparation or submission; and no person other than the *amicus curiae*, its members, or its counsel, contributed money that was intended to fund the preparation or submission of this brief.

and completely self-determined—have become quasi-religions within secular America. What used to be merely a rare medical condition, gender identity disorder, has turned into a multimillion dollar industry of social programming (under the guise of "representation") and medical mutilation (under the misnomers of "gender affirming care" and "sex reassignment surgery"). Millions upon millions of dollars have been poured into this growing dystopian industry of pain, and states like Colorado, blinded to the poorer health outcomes, are doing everything in their power to protect it.

In this case, Colorado's state action comes in the form of banning any talk therapy—so-called "conversion therapy"—that might so much as suggest that the prevailing orthodoxy of gender identity ideology is incorrect and that there are safer alternatives for individuals struggling with their self-perception. This brief will argue that Colorado's action is unconstitutional because the State's power to regulate medical treatments does not include the power to regulate speech. Both the history of medical regulation and of conversion therapy show that modern talk therapy like that practiced by the petitioner is totally outside the scope of regulation as speech rather than conduct.

Additionally, this brief will provide sources supporting the position that gender identity ideology is incorrect as a matter of fact and is harmful in application and practice. This includes an overview of the basis for biological sex, the inescapable harms of so-called "gender affirming care," and evidence that talk therapy like that of petitioners is what actually saves lives and helps people.

ARGUMENT

I. The states' power to regulate medical treatments does not include the power to regulate speech.

The power to regulate medical treatments is reserved to the states by the Tenth Amendment. Colorado asserts that its ban on counseling conversations that do not endorse gender identity ideology is a valid exercise of state power to regulate conduct in medical practice. Petitioner Chiles' that Colorado's action is argument an unconstitutional regulation of her speech rather than any conduct is correct. However, to the extent that Colorado argues that this kind of speech regulation is appropriate within its power to regulate medical treatments, this argument fails as well. The state power to regulate health and medicine has historically been tied to physical conduct, and the type of talk-therapy practiced by Petitioner is not within the ambit of state power to regulate.

A. Medical regulation has historically been tied to the prevention of physical harm.

Dent v. West Virginia, 129 U.S. 114 (1889), in which the Supreme Court ruled in 1889 that states have the right to require medical practitioners to be licensed, is the seminal case of medical regulation in the United States.² With *Dent*, the Supreme Court

² James C. Mohr, <u>Licensed to Practice: The Supreme Court</u>

affirmed not only the common understanding that the Tenth Amendment reserved the power to regulate medicine and public health to the states, but also the states' right to regulate the practice of medicine as a whole. In doing so, the practice of medicine shifted from being an occupation that anyone could engage in, to a state licensed profession.³ This was a seismic shift.

Until Dent, anyone could introduce themselves as a doctor and engage in the practice of medicine, no matter whether their favorite medical intervention was bloodletting, a "heroic" dose of snake oil, or a simple cup of tea and bedrest. At this time, there were a handful of competing medical traditions. Prior to the Civil War, between two-thirds and three-quarters of doctors considered themselves "Regulars" whose practice was historically based on the ancient concepts of balance and regularity as expressed by the human body's four "humors"blood, black bile, yellow bile, and phlegm.⁴ The rest of doctors generally belonged to one of a few other influential groups, including the Thomsonians, the Botanics, the Hydropaths, the Homeopaths, and the Eclectics. Each of these groups practiced varying degrees of less invasive natural and herbal remedies.⁵

Shortly after the Civil War, an influential faction of Regulars began advocating for state licensing

<u>Defines the Medical Profession</u>, The Johns Hopkins Univ. Press (2013).

³ Id. at 10

⁴ <u>Id.</u> at 11.

⁵ <u>Id.</u> 13-14.

requirements for physicians, with a primary motivation being to restrict any non-Regular doctors from the practice of medicine.⁶ Dr. James E. Reeves, the founder of the Medical Society of West Virginia (MSWV), was the leading proponent of the legislation at issue in *Dent*. In 1867, Reeves gave the opening address at the American Medical Association's annual convention in which he gave a "fire-and-brimstone" speech against all forms of non-Regular healing.⁷

In 1872, James M. Lazzelle, MSWV President and close associate of Reeves, publicly called for licensing laws to be instituted in order to protect the public from unqualified medical practitioners that "tamper with the health and lives of the afflicted" for "base and selfish purposes," making them "criminal offenders against public policy." ⁸ After years of significant effort, overcoming opposition both within the Regular community and outside of it, Dr. Reeves and the Regulars reached their goal when West Virginia passed a board of health bill in 1881 that gave the board authority to license physicians to practice medicine.

When Governor Jacob Jackson signed and implemented the law, he appointed Reeves to one of the six seats on the newly created board. Reeves would report to the MSWV that, "I am sure it is a source of pride to every member of this Society, and likewise to all regular physicians in the state, that the members of the State Board of Health, without

⁶ <u>Id.</u> at 20-21.

⁷ <u>Id.</u> at 33.

⁸ Mohr, *supra* note 2 at 40.

an exception, belong to the 'True Church in Medicine."⁹ Reeves would then quickly begin his mission to "separate well-educated physicians from ignorant, dangerous pretenders, who cannot be otherwise regarded than as public enemies."¹⁰

One of these so-called public enemies would be Dr. Frank M. Dent, a physician who was arrested and convicted of practicing medicine without a license under the new law because the state board did not accept his diploma from the American Eclectic Medical College in Cincinnati, Ohio. Dent, 129 U.S. 114 (1889). Ultimately, the Supreme Court would decide that West Virginia's state board of health licensing procedure did not violate Dent's due process rights under the Fourteenth Amendment. The Court affirmed that citizens have the right to pursue any vocation, but that likewise that "the power of the state to provide for the general welfare of its people authorizes it to prescribe all such regulations as in its judgment will secure or tend to secure them against the consequences of ignorance and incapacity, as well as of deception and fraud." *Id.* at 122.

The Court emphasized that, because the profession of medicine deals with

all those subtle and mysterious influences upon which health and life depend, and requires not only a knowledge of the properties of vegetable and mineral substances, but of the human body in all its

⁹ Id. at 80.

¹⁰ Id. at 82.

complicated parts, and their relation to each other, as well as their influence upon the mind. The physician must be able to detect readily the presence of disease, and prescribe appropriate remedies for its removal. Every one may have occasion to consult him, but comparatively few can iudge of the qualifications of learning and skill which he possesses. Reliance must be placed upon the assurance given by his license, issued by an authority competent to judge in that respect, that he possesses the requisite qualifications. Due consideration, therefore, for the protection of society may well induce the state to exclude from practice those who have not such a license, or who are found upon examination not to be fully qualified.

Id. at 122-123. As to the qualifications themselves, the Court noted that

the nature and extent of the qualifications required must depend primarily upon the judgment of the state as to their necessity. If they are appropriate to the calling or profession, and attainable by reasonable study or application, no objection to their validity can be raised because of their stringency or difficulty. It is only when they have no relation to such calling or profession, or are unattainable by such reasonable study and application, that they can operate to deprive one of his right to pursue a lawful vocation.

Id. at 124.

From the MSWV's initial advocacy for state licensing and regulation, to the Supreme Court's ultimate decision in *Dent* recognizing the states' right to do so, the regulation of medical treatment has been centered on preventing physical harm. In the present case, however, Colorado's law that regulates how state-licensed counselors may communicate with their clients regarding gender dysphoria does not aim to prevent physical harm to patients, but rather to censor speech.

B. While some forms of so-called "conversion therapy" may include conduct, talk therapy is pure speech.

Now that we have reviewed the historical beginnings of medical regulation, we can better address the regulation at issue in this case. Colorado's law is essentially a "conversion therapy" ban with a gender identity ideology twist. Conversion therapy has a long history, and, until recently, has primarily been connected with reducing or eliminating same-sex attraction. ¹¹ Today, however, therapy connected with reconciling gender identity and biological sex is more common, as transgenderism has increased in prevalence.¹²

Historically, conversion therapy included physical components. These included surgical interventions such as lobotomies, castrations,

¹¹ Marie-Amelie George, <u>Expressive Ends: Understanding</u> <u>Conversion Therapy Bans</u>, 68 Ala. L. Rev. 793, 794-5 (2017), https://law.ua.edu/wp-content/uploads/2011/07/Expressive-Ends-Understanding-Conversion-Therapy-Bans.pdf. ¹² <u>Id.</u> at 845-6.

clitoridectomies, and cauterization of the spinal cord. Electric shock therapy, hormone injections, and behavioral modification methods such aversive conditioning were also used. ¹³ However, after homosexuality was removed from the Diagnostic and Statistical Manual (DSM) in 1973, these types of physical treatments were condemned.

Talk therapy as practiced by the Petitioner, however, bears no relation or resemblance to physical treatments. Indeed, talk therapy relies solely on mere conversation—to such an extent, in fact, that it is called the "talking cure."¹⁴ While speech regulations in other fields such as medicine and law do not have a significant impact on the actual practice of those professions in most cases, regulating speech in talk therapy is essentially a direct censorship of speech—"for talk therapists, the only 'conduct' they are engaged in is *speaking* with their clients."¹⁵

From the moment that a client walks into the office, a talk therapist is communicating through body language without even opening their mouth. In the field of psychology, "countertransference" is a concept which suggests that therapists cannot avoid having some kind of personal reaction to the client, which means that therapists will inevitably bring

¹³ <u>Id.</u> at 802.

¹⁴ Warren Geoffrey Tucker, <u>It's Not Called Conduct Therapy:</u> <u>Talk Therapy as a Protected Form of Speech Under the First</u> <u>Amendment</u>, 23 Wm. & Mary Bill Rts. J. 885, 906 (2015), https://scholarship.law.wm.edu/wmborj/vol23/iss3/9 ¹⁵ Id.

some of their own personal beliefs, thoughts, and feelings into sessions.¹⁶

To proscribe talk therapists from discussing anything other than Colorado's official state dogma of gender identity ideology, is to regulate the very core of speech within talk therapy. Therapists like petitioner who do not believe in gender identity ideology would be potentially subject to penalty from the very moment that a client mentions anything related to the subject should the therapist respond in any way other than a full endorsement of gender transition.

Especially if the client is aware of the fact that the therapist is holding back, the clienttherapist relationship is likely to be inhibited and treatment may be less effective. If a client has a number of goals he or she wishes to achieve through talk therapy, the relationship may be damaged with the knowledge that the therapist may not be able to work towards one or more of those treatment objectives.¹⁷

Colorado's intrusion doesn't only violate the rights of the therapist, but it also inhibits the

¹⁶ <u>The Therapist As A Person: Life Crises, Life Choices, Life Experiences, And Their Effects On Treatment xiiixxi (Barbara Gerson ed., 1996) (Each [therapist's] work is unique, affected by the [therapist's] values, assumptions, and psychological idiosyncrasies, by their own dynamics, passions, ideas and general subjectivity, and by their experiences and personal development. (citations omitted) (internal quotation marks omitted)).</u>

¹⁷ Tucker, *supra* note 14 (internal citations omitted).

conversation around one of the most contentious issues of our time-the debate between gender identity ideology and biological sex. Colorado's action seeks to overthrow all conventional knowledge and understanding of human sexuality and install gender identity ideology as the new standard of both belief and practice. By controlling what therapists may and may not discuss with their minor clients, Colorado is attempting to control how parents raise their children. When one looks at the facts of gender identity ideology, the insidious nature of Colorado's actions becomes clear.

II. Gender identity ideology is incorrect as a matter of fact and the practice of gender transitioning is harmful in practice.

Gender identity ideology and the practice of gender transitioning are topics central to moral and religious beliefs, norms, and practices that parents have the ultimate right of control and direction for the upbringing of their children. The main beliefs of gender identity ideology are that the biological sex binary of male and female is not real, that there are innumerable genders beyond male and female, that a person's "gender" is different from their "sex assigned at birth."¹⁸

Twenty-five states, the District of Columbia, Puerto Rico, and dozens of municipalities currently have bans on conversion therapy for minors,¹⁹ and

¹⁸ <u>See</u> <u>Sex and Gender Identity</u>, Planned Parenthood, https://www.plannedparenthood.org/learn/gender-

identity/sex-gender-identity (last visited Dec. 12, 2024).

¹⁹ The Trevor Project, <u>A Report on Practitioners of So-Called</u>

three states ban the use of state or federal funds for conversion therapy. ²⁰ These governments have essentially decreed that their official state dogma is that parents should not raise their children on the facts of biological sex—no state-licensed therapist is permitted to acknowledge the reality of biological sex should a parent desire to obtain treatment for their child.

These laws are premised on a falsehood because gender identity is an ideological belief system, not a matter of scientific truth. The basic reality of biological sex is that there are only two sexes, male and female, and that anything else is mutation. T.W. Langdon's Medical Embryology Sadler. 40(Philadelphia: Lippencott Williams & Wilkins) (2004); William J. Larsen, Human Embryology 519 (New York: Churchill Livingstone) (2001); Keith L. Moore & T.V.N. Persaud, The Developing Human: Clinically Oriented Embryology 35 (Philadelphia: Saunders/Elsevier) (2003). Biological sex is not "assigned;" it is determined at the exact moment of fertilization whereby a sperm cell that carries an X chromosome produces a female (XX) embryo, while a sperm cell that carries a Y chromosome produces a male (XY) embryo. Id.

<u>Conversion "Therapy" in the U.S.</u>, 23 (2023). The States are California, Colorado, Connecticut, Delaware, Hawaii, Illinois, Kentucky, Maine, Maryland, Massachusetts, Michigan, Minnesota, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Dakota, Oregon, Pennsylvania, Rhode Island, Utah, Vermont, Virginia, and Washington.

²⁰ Id. These states are Arizona, North Carolina, and Wisconsin.

While there are some people that do experience a discordance between their body's biological sex and their mental perception of what their gender is, this is a medical condition that needs compassionate treatment based in reality, not to be exacerbated by a rejection of it. The distress this discordance causes is now called "gender dysphoria." Am. Psychiatric Gender Dysphoria, in Diagnostic and Ass'n, Statistical Manuel of Mental Disorders 432 (Am. Psychiatric Publ'g., 5th ed. 2013). The Diagnostic and Statistical Manuel of Mental Disorders (DSM-5) defines gender dysphoria as "incongruence between one's experienced/expressed gender and assigned gender" that causes "clinically significant distress or impairment in social, occupational, or other important areas of functioning." Id. However, in the past, the DSM listed "gender identity disorder" instead and defined it as incongruence between a person's experienced gender and their biological sex itself, without any mention of "assigned gender." Am. Psychiatric Ass'n, Gender Identity Disorder, in Diagnostic and Statistical Manuel of Mental Disorders 435 (Am. Psychiatric Publ'g., 4th ed. text rev. 2000).

Dr. Paul McHugh, former director of Johns Hopkins University's Department of Psychiatry and psychiatrist-in-chief of Johns Hopkins Hospital, has explained that gender identity disorder is the proper clinical conception of the condition because it emphasizes the patient's discordance with the reality of their natural body. Ryan T. Anderson, <u>When Harry Became Sally: Responding to the Transgender Movement</u> 95 (Encounter Books, paperback ed.) (2019). However, advocates for gender identity ideology reject biological sex entirely and seek only to affirm the feelings of those suffering distress from gender dysphoria. Far from being compassionate, this kind of response is like agreeing with a person suffering from Anorexia Nervosa when they assert that they are overweight.

The World Professional Association for Transgender Health (WPATH) is one of the major advocates for gender identity ideology and gender transitioning. WPATH regularly publishes а Standards of Care report which WPATH states in the eighth edition (SOC-8) has the purpose of providing "clinical guidance to health care professionals to assist transgender and gender diverse (TGD) people." World Professional Association for Transgender Health, Standards of Care for the Health of Transgender and Gender Diverse People, Version 8, Int'l J. of Transgender Health. S5 (2022). WPATH includes "social transitioning" as a clinical treatment for health care professionals to discuss with families considering it. Id. at S75-79. The SOC-8 specifically details that social transitioning is clinical treatment that should be "individualized based on both a child's wishes and other psychosocial considerations, and is a decision for which possible benefits and challenges should be weighted and discussed." Id. at S77 (internal citations omitted).

Michelle Cretella, executive director of the American College of Pediatricians, has explained that this psychological treatment frequently leads to further medical intervention including puberty blockers, cross-sex hormones, and physical amputations.²¹ These medical interventions carry significant known risks for adults and do not ultimately aid mental health outcomes. <u>Id.</u> The risks are even worse for children who are unable to consent to such irreversible life-altering procedures and is tantamount to child abuse. <u>Id.</u>

A recent fifteen year study conducted in the Netherlands indicates that adolescent discontent with one's biological sex has a high likelihood of subsistence in early adulthood without any medical intervention.²² Another recent study from Finland indicates that gender transition treatments such as drugs or surgeries among adolescents and young adults do not decrease suicidal ideation.²³ This is an important reality because one of the primary driving arguments of gender transitions for children is that it is necessary to prevent them from committing suicide.

²¹ <u>I'm a Pediatrician. How Transgender Ideology Has</u> <u>Infiltrated My Field and Produced Large-Scale Child Abuse.</u>, DAILY SIGNAL (July 3, 2017), https://www.dailysignal.com/2017/07/03/im-pediatriciantransgender-ideology-infiltrated-field-produced-large-scalechild-abuse/.

²² Pien Rawee, Judith G.M. Rosmalen, Luuk Kalverdijk, & Sarah M. Burke, <u>Development of Gender Non-Contentedness</u> <u>During Adolescence and Early Adulthood</u>, PubMed, Feb. 27, 2024, https://pubmed.ncbi.nlm.nih.gov/38413534/.

²³ Sami-Matti Ruuska, Katinka Tuisku, Timo Holttinen, & Riittakerttu Kaltiala, <u>All-cause and suicide mortalities among</u> <u>adolescents and young adults who contacted specialised gender</u> <u>identity services in Finland in 1996–2019: a register study</u>, BMJ Mental Health, Jan. 25, 2024, https://mentalhealth.bmj.com/content/ebmental/27/1/e300940. full.pdf

Another element to transgenderism that is particularly harmful is its potential to be a "social contagion," e.g., "the spread of affect or behaviors through a population," as well as "peer contagion," e.g., "the process where an individual and peer mutually influence each other in a way that emotions and behaviors that promotes can potentially undermine their own development and harm others."²⁴ As explained by Dr. Lisa Littman, transgenderism among students has all the same hallmarks of social and peer contagion as eating disorders, including deceiving parents, engaging in online environments where the "best" anorexics are idolized while those who seek recovery are demonized. Id.

When this social contagion element is combined with state policies that mandate encouragement of transgenderism by state-licensed therapists, the reality is that we are looking at what is effectively state-mandated transgenderism. Grooming is a commonplace practice within the LGBT community, easily verified both anecdotally and by research.²⁵ As reported by Lynda S. Doll in her study, "Self-Reported Childhood and Adolescent Sexual Abuse among Adult Homosexual and Bisexual Men," of 1001 participants, "37% reported that they had been encouraged or forced to have sexual contact with an older or more powerful partner before age 19.

 ²⁴ Lisa Littman, <u>Rapid-onset gender dysphoria in adolescents</u> and young adults: A study of parental reports, PLOS ONE, Aug. 16, 2018, https://doi.org/10.1371/journal.pone.0202330.
 ²⁵ Scott Howard, <u>The Transgender-Industrial Complex</u> 20-21 (Margaret Bauer ed., Antelope Hill Publishing, 2nd ed. 2022).

Median age at first contact was 10."²⁶ Out of all the participants, "using developmentally based criteria to define sexual abuse, 93% of participants were classified as sexually abused." <u>Id.</u> For victims of abuse that have developed gender dysphoria as a result of such grooming and abuse, Colorado has effectively mandated that state-licensed therapists must continue grooming these victims to pursue gender transition.

Indeed, in states like Colorado, abuse victims struggling with gender dysphoria who seek treatment from a state-licensed therapist will not be provided with the compassionate reality that their body is enough. Instead of being comforted with the fact that it is possible to reconcile their perceptions with reality and learn to feel comfortable in the body they were born with, Colorado mandates that therapists catapult them on a path of lifelong medical intervention to chemically and surgically remake their bodies to conform to their mental distress.

That is evil. And talk therapists are free under the First Amendment to say so to their clients.

CONCLUSION

The Foundation urges this Court to grant the

²⁶ Lynda S. Doll, Dan Joy, Brad N. Bartholow, Janey S. Harrison, Gail Bolan, John M. Douglas, Linda E. Saltzman, Patricia M. Mossab, & Wanda Delgadoab, <u>Self-Reported Childhood and Adolescent Sexual Abuse among Adult Homosexual and Bisexual Men</u>, Child Abuse & Neglect 16, no. 6, Nov.-Dec. 1992, at 855-864. Available at: https://doi.org/10.1016/0145-2134(92)90087-8.

Petition for Writ of Certiorari.

Respectfully submitted,

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